

Tomato and Cilantro Salsa

It might feel limiting to not be able to eat store-bought salsa, but in reality fresh salsa is the way to go and so easy to make.

- 2 tomatoes, chopped (you can use canned tomatoes, too)
- 1 small red onion, chopped
- 2 cloves garlic, minced
- 1 tsp finely chopped chili peppers, or dried pepper flakes
- 2 Tbsp chopped fresh cilantro
- 2 Tbsp extra-virgin olive oil
- 1 Tbsp lemon juice, lime juice or apple cider vinegar
- 1 tsp ground cumin

Mix everything together, if possible a few hours before serving, and refrigerate.