

Yogurt Dressing

juice from $\frac{1}{2}$ lemon
1 cup plain yogurt
2 Tbsp olive oil
salt and pepper to taste

To this dressing you can add any of the following:

- 1 tsp curry powder
- chopped fresh dill, lemon thyme, cilantro, basil
- chopped cucumber, parsley, garlic to make tzatziki dip for rice, meat, or veggies
- $\frac{1}{2}$ -in piece ginger, grated